HENDERSONVILLE TURKEY TROT
5K FAMILY FUN WALK/RUN
8:30 am Thanksgiving Morning – November 24, 2016
Volunteer Form

The City of Hendersonville Wellness Committee is sponsoring a fun run/walk on Thanksgiving morning to get people moving before the eating begins. We are looking for volunteers to help with this event from 8:00 – 10:00am. Volunteer duties may include working the check-in table, setting up signs and barrels, giving out water at the water station or directing runners at key points along the route. Event begins at City Hall, 145 5th Avenue East and will happen rain or shine. Thank you for helping!!

NAME: _____

ADDRESS: _____

PHONE: _____ E-Mail _____

EMERGENCY CONTACT: _____

T-SHIRT SIZE (circle one):	Kids	S (6-8)	M (10-12)	L (14-16)	XL(18-20)
	Adults	S	M	L	XL	XXL

For All Volunteers (Hold Harmless Agreement)

I, _____participant will hold harmless the City of Hendersonville, its officers, employees and agents, the Public Works Department and staff, free and harmless from and against any and all losses, injuries, damages, settlements, costs, charges, professional and attorney's fees or other expenses or liabilities of every kind and character arising out of or relating to any and all claims, liens, demands, obligations, actions, proceedings or causes of action of every kind and character in connection with or arising directly or indirectly out of this activity for which this individual is involved.

Signature _____ Date _____
Participant/ Parent/ Guardian

Return form to: Wellness Committee, City of Hendersonville,
145 Fifth Avenue E, Hendersonville, NC 28792
828-233-3204